

FOOD: FACT OR OPINION?



A fact is something that is true or can be proven. An opinion is something that you or someone else thinks or feels about a subject or topic.

READ EACH OF THE FOLLOWING STATEMENTS. WRITE **Fact** OR **Opinion** ON THE LINES.

1. _____ We need to eat food in order to survive.
2. _____ Foods with fat in them are bad.
3. _____ Fruits and vegetables are an important part of the human diet.
4. _____ Too many fats can make you sick.
5. _____ A healthy diet is important for general health.
6. _____ Hot dogs taste better than hamburgers.

WRITE AN OPINION ABOUT FOOD:

WRITE A FACT ABOUT FOOD:

FACT OR OPINION: FOOD

1. fact
2. opinion ("bad" is an opinion word)
3. fact
4. fact
5. fact
6. opinion