

Measurements of Me!

Cut each box out below. Use a hole punch to cut out the holes at the top of each page.

Fill in the correct measurements.

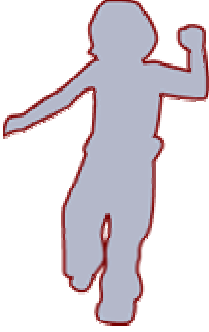
Tie the pages together through the punched holes to make your own book!

○ ○

Measurements of ME!

Name: _____


○ ○




I am
_____ feet
_____ inches

TALL!

○ ○

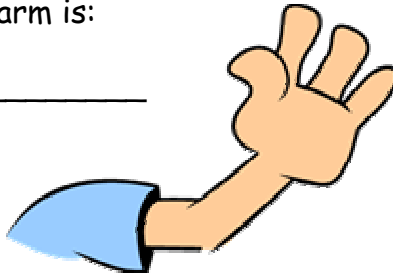


The
circumference
of my head is:




○ ○

The length of one
arm is:




○ ○

I have one big smile! From
end to end, it measures:




○ ○



My hand-span can be
measured, too! If I
spread my fingers wide,
the measurement from
my thumb to my little
finger is:

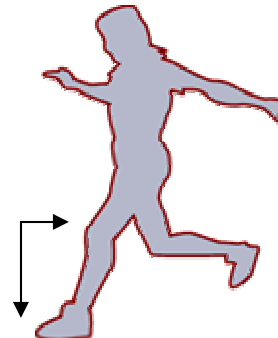
○ ○



The length from my HIP to my KNEE is: _____

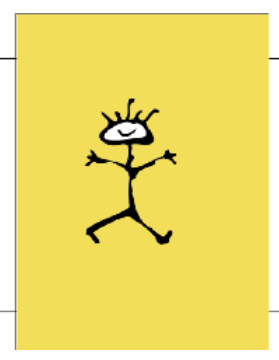
○ ○

The length from my KNEE to my TOE is: _____




○ ○

The length from my HIP to my TOE is: _____



○ ○

Now for my feet!
One foot measures: _____



○ ○

○ ○

Use these blank squares to make measurements of your choosing!