## Vocabulary Word Unscramble

Unscramble the words. Use the words in the text box for help.

<table>
<thead>
<tr>
<th>germs</th>
<th>microscope</th>
<th>antibodies</th>
<th>ache</th>
<th>breathe</th>
<th>multiply</th>
<th>swab</th>
<th>bacteria</th>
<th>harmful</th>
<th>waste</th>
<th>prescribes</th>
<th>viruses</th>
<th>cells</th>
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<th>diseases</th>
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<th>proteins</th>
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</table>
Germs Make Me Sick!
by Melvin Berger

Crossword Puzzle

Complete the puzzle.

**Word Bank**
prescribe
fight
viruses
harmful
skin
cells
gems
bacteria
ache
doctors
antibodies

**Across**
1. Your body has ways to ___ gems.
5. ____ try to find out which gems are making you sick.
7. Sometimes your arms and legs ___ when you are sick.
8. The white ___ in your blood can kill gems.
10. ___ are special proteins in your blood that attack gems.
11. ___ are tinier than bacteria.

**Down**
2. Many gems are not ___.
3. ____ and viruses are found everywhere.
4. If bacteria are making you sick, a doctor can ___ medicine to help you.
6. ___ are tiny living things.
9. Your ___ blocks gems.
Germs Make Me Sick!
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Working with Words
Complete each of the following sentences using a word from the text box.

<table>
<thead>
<tr>
<th>antibodies</th>
<th>hairs</th>
<th>viruses</th>
<th>everywhere</th>
<th>products</th>
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<tbody>
<tr>
<td>poison</td>
<td>cells</td>
<td>skin</td>
<td>multiply</td>
<td>drugs</td>
</tr>
<tr>
<td>damage</td>
<td>gems</td>
<td>prevent</td>
<td>microscope</td>
<td>harmful</td>
</tr>
</tbody>
</table>

1. _________________________ bring colds, the flu, measles, mumps, chicken pox, and many other illnesses.
2. Viruses are different from bacteria because they don’t give off _________________________.
3. The waste ____________________________ of bacteria give off poisons.
4. Your body keeps out __________________________ germs most of the time.
5. __________________________ are tiny living things.
6. Germs and viruses are found _____________________________.
7. Your _____________________ blocks germs as long as you don’t have cuts or scratches on it.
8. The tiny __________________________ in your nose help to catch many of the germs you breathe in.
9. __________________________ are special proteins in your blood that attack germs.
10. The white __________________________ in your blood usually kill germs before they do harm to your body.
11. If the germs in your body are bacteria, they quickly ______________ and in a few hours you can have millions of bacteria in your body.
12. Poisons can _________________________ or kill the cells in your body.
13. Doctors do not yet have ____________________________ to cure diseases caused by viruses.
14. Doctors are able to give shots to help _____________________ some diseases caused by viruses.
15. If you look at bacteria and viruses under a _______________________, you will see that they have many different shapes and sizes.
Germs Make Me Sick!
by Melvin Berger
Comprehension

Answer the questions.

1. How do doctors find out what kind of germs are making you sick?
   ____________________________________________________________
   ____________________________________________________________

2. What are the signs that tell you that cells in your body are being damaged or killed in your body?
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

3. What are the two germs that usually make you sick?
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

4. Why are doctors not able to cure diseases caused by viruses?
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

5. Name five illnesses caused by viruses.
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

6. Why do doctors sometimes give you medicine when you are sick with a virus?
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

7. What can you do to make it easier for your body to fight germs when you are sick?
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

8. How do white blood cells help your body fight germs?
   ____________________________________________________________
   ____________________________________________________________

9. How do antibodies help your body?
   ____________________________________________________________
   ____________________________________________________________

10. What can doctors do to help prevent some of the diseases caused by viruses?
    ____________________________________________________________
        ____________________________________________________________
Make a poster showing some rules for good health.
Answers to Gems Make Me Sick!

Page 1:

1. shapes  
2. cells  
3. waste  
4. swab  
5. worse  
6. germs  
7. breathe  
8. prevent  
9. diseases  
10. proteins  
11. poisons  
12. bacteria  
13. microscope  
14. multiply  
15. damaged  
16. viruses  
17. harmful  
18. ache  
19. prescribes  
20. antibodies


Page 3:

1. Viruses  
2. poison  
3. products  
4. harmful  
5. Germs  
6. everywhere  
7. skin  
8. hairs  
9. Antibodies  
10. cells  
11. multiply  
12. damage  
13. drugs  
14. prevent  
15. microscope

Page 4: Answers will vary—accept all reasonable answers.

1. Doctors can try to find out which germs are making you sick by sending blood samples, or germ samples to a lab for tests.
2. You may run a fever, have aches and pains, break out in a rash, cough, sneeze or throw up.
3. Bacteria and viruses
4. Doctors do not yet have drugs to cure viruses.
5. Colds, the flu, measles, mumps, and chicken pox.
6. Doctors sometimes give medicine to people sick with viruses because they help them feel better or protect them against bacteria that may make them sicker.
7. Bed rest makes it easier for your body to fight germs. Eating and drinking healthy foods and drink will help you.
8. White blood cells attack germs that enter your body. Usually, white blood cells are able to kill germs before they can harm your body.
9. Antibodies are special proteins found in blood. Antibodies attack germ cells that enter your body.
10. Doctors can give shots to help prevent some diseases caused by viruses.

Page 5: Art and Writing Activity