Rules

Rules are everywhere. Someone is always telling us: who to listen to, whom to tell something to, what to do, what to wear, when to do things, when to stop, where to go, where to stay, how to act and how to do things!

We have rules to follow in our community, rules for transportation, rules at school, rules at work and rules at home. We even have rules to tell us how to play games or for our favorite sport. Why must everything have rules? Why must we follow them or suffer the consequences?

Rules are intended to create safe, pleasant places for us to live, learn, work, and play. They are created to help us know what is expected of us and of the people around us. They attempt to make sure everyone is treated fairly. Rules are also made for safety. They try to make sure that everyone acts appropriately and that people’s feelings are considered. They help us to learn self-control, to respect others and their property, and to take responsibility for our actions.
Think about the rules in you have at home and at your school. Discuss some of the rules, and write some down:

Rules that help keep you safe:

1. __________________________________________________________

2. __________________________________________________________

Rules that let you know what is expected of you:

1. __________________________________________________________

2. __________________________________________________________

Rules that help us learn to respect others and their belongings:

1. __________________________________________________________

2. __________________________________________________________

Rules that teach us to be responsible for our own actions:

1. __________________________________________________________

2. __________________________________________________________
Many people believe a world without rules would be a mess. Think about and discuss what life would be like without rules.

Give an example of how playing a game would be different without rules.

______________________________________________

______________________________________________

______________________________________________

Give an example of how driving a car would be different without rules.

______________________________________________

______________________________________________

______________________________________________

Sometimes we don’t understand or agree with the rules around us. There are appropriate ways to change a rule. Try discussing the rule with the adult responsible for enforcing the rule. Sometimes a rule can be updated to meet new situations or circumstances. Sometimes we just need to learn to live by a rule or suffer the consequences for not obeying it!
Classroom and School Rules 1

Circle the rules pictures that you think are appropriate for your class or school. Have a group discussion about why the pictures would or would not be appropriate.

1. Tease others.

2. Do your own work.

3. Raise your hand to speak.

4. Play with others during class.

5. Try your best to follow directions.

6. Sit quietly and listen.

7. Use quiet inside voices at school.

8. Walk slowly and orderly in school.

9. Borrow others’ belongings without asking.

10. Bring all needed items to class.
Circle the rules pictures that you think are appropriate for your class or school. Have a group discussion about why the pictures would or would not be appropriate.

1. Do not disturb others.
2. Use appropriate behavior and language.
3. Eat and drink in class at any time.
4. Help and look after each other.
5. Wear a hood in class.
6. Be seated when the bell rings.
7. Turn your homework in on time.
8. Bring lots of money to school.
9. Use your cell phone when you need it.
10. Keep your work space neat.
# Classroom and School Rules 1

Circle the rules statements that you think are appropriate for your class or school. Have a group discussion about why the statements would or would not be appropriate.

| 1. Be kind to others.          | 2. Raise your hand to speak.          |
| 3. Be prepared.                | 4. Bring lots of money to school.     |
| 5. Use quiet inside voices.    | 6. Always try your best.              |
| 7. Keep your hands, feet and objects to yourself. | 8. Ask permission to use others’ belongings. |
| 9. No talking to friends at school. | 10. Do your own work in class.        |
| 11. Use good listening skills. | 12. Do not use the bathroom at school.|
| 13. Walk slowly and orderly at all times. | 14. Look after one another.        |
| 15. Show respect and consideration to everyone. | 16. Use appropriate behavior and language. |
| 17. No ink pens allowed in school. | 18. Follow directions.                |
| 19. Pay attention in class.    | 20. Turn in homework on time.         |
| 25. Locks are not allowed for lockers. | 26. Electronic devices are prohibited. |

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Classroom and School Rules 2

Circle the rules statements that you think are appropriate for your class or school. Have a group discussion about why the statements would or would not be appropriate.

1. Be polite to others.
2. Keep your work space neat.
3. Sit properly on your chair.
4. Bring all needed materials to class.
5. No high-fiving at school.
6. Be in your seat when the bell rings.
7. Look after your school both inside and out.
8. No open toed shoes, sandals or flip flops are allowed.
9. Always use good manners.
10. Keep yourself and others safe.
11. Hats may not be worn at school.
12. Do not disturb others.
13. Running is prohibited.
15. No leaving the school campus without prior authorization.
16. Cell phones may not be used during school hours.
17. Personal items should remain at home.
18. Create good energy.
19. No eating during class.
20. Be on time for school and classes.
21. Respect others.
22. Cameras may not be used at school.
23. Mind your own business.
24. Do what’s right and trust yourself.
25. No inappropriate logos.
26. Be happy and enjoy yourself.
### Choosing Appropriate Consequences at School

<table>
<thead>
<tr>
<th>Behavior</th>
<th>Student Developed Consequence</th>
<th>Teacher Developed Consequence</th>
<th>Consequence</th>
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</thead>
<tbody>
<tr>
<td>Speak with quiet, inside voices.</td>
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<tr>
<td>Keep your hands, feet, and objects to yourself.</td>
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<td>Walk slowly &amp; orderly at all times.</td>
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<td>No electronic devices allowed in class without permission.</td>
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